

I arise today
Blessed by all things,
Wings of breath,
Delight of eyes,
Wonder of whisper,
Intimacy of touch,
Eternity of soul,
Urgency of thought,
Miracle of health,
Embrace of God.

May I live this day
Compassionate of heart,
Clear in word,
Gracious in awareness,
Courageous in thought,
Generous in love.

May you live this day and all your days filled with God's overflowing, miraculous, love filled blessings.

- The Rev. Katie Wright